



- No Sugar Added Product
- No Fat Product

# Thinny-Thin® Product Nutrition Facts

Product	Calories	Fat Calories	Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fiber (g)	Sugars (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A (%RDA)	Vitamin C (%RDA)	Calcium (%RDA)	Iron (%RDA)	
<b>Ice Cream</b>	No Fat Vanilla	120	0	0	0	55	25	0	22	0	4	2	2	15	0	
	No Fat Chocolate	120	0	0	0	40	28	0	25	0	2	2	0	8	0	
	No Sugar Added Vanilla	130	25	3	2	15	85	25	0	7	10	5	2	0	15	0
<b>Classic Sundaes</b>	No Fat Classic Sundae - Fudge	380	0	0	1.5	5	190	84	0	40	31	7	4	4	30	0
	No Fat Classic Sundae - Strawberry	290	0	0	1.5	5	100	63	1	56	0	8	4	40	30	0
<b>Fountain Drinks</b>	No Fat Ice Cream Soda	290	0	0	0	0	115	68	8	63	0	6	2	2	25	0
	No Fat Soda Float	270	0	0	0	0	90	59	9	55	0	6	2	2	25	0
	No Fat Chocolate Shake	440	0	0	0	0	104	0	59	31	5	4	4	4	20	0
	No Fat Mocha Shake	440	0	0	0	0	230	97	0	52	31	10	4	4	35	0
	No Fat Vanilla Shake	300	0	0	0	0	135	62	0	55	0	9	4	4	35	0
	No Fat Carvalanche™ - Fruit	390	0	0	0	0	160	82	0	73	0	12	6	6	45	0
<b>Uptown Smoothies</b>	Rockefeller Raspberry**	270	0	0	0	0	45	67	0	67	0	2	2	2	10	0
	Broadway Banana**	270	0	0	0	0	45	66	0	61	0	2	2	2	10	0
	Grand Central Cooler**	250	0	0	0	0	45	63	0	59	0	2	2	2	10	0
	Staten Island Berry**	270	0	0	0	0	45	68	0	64	0	2	2	2	10	0
	Berry Times Square**	300	0	0	0	0	45	73	1	67	0	3	2	40	10	4
<b>Novelty</b>	No Fat Old Fashioned Sundae	300	0	0	1.5	0	150	66	0	33	23	6	2	2	20	0
	No Fat Parfait	190	0	0	1.5	0	95	42	0	20	15	4	0	0	15	0
	No Fat Miniature Sundae	190	0	0	1.5	0	95	42	0	20	15	4	0	0	15	0
	No Sugar Added Old Fashioned Sundae	360	40	4.5	3	25	220	76	0	11	46	8	4	0	25	0
	No Sugar Added Parfait	200	25	2.5	2	15	125	42	0	6	24	5	2	0	15	0
	No Sugar Added Miniature Sundae	200	25	2.5	2	15	125	42	0	6	24	5	2	0	15	0
	98% Fat Free Flying Saucer®	190	15	1.5	0	5	170	40	>1	26	0	5	4	2	10	2

\*\* Substituting No Fat ice cream in place of the sherbet is 100% Fat Free.

Please note that the nutritional information printed in this brochure is based on a small serving size. Since each of our desserts are hand made fresh to order, portion size may vary and effect actual nutritional value.